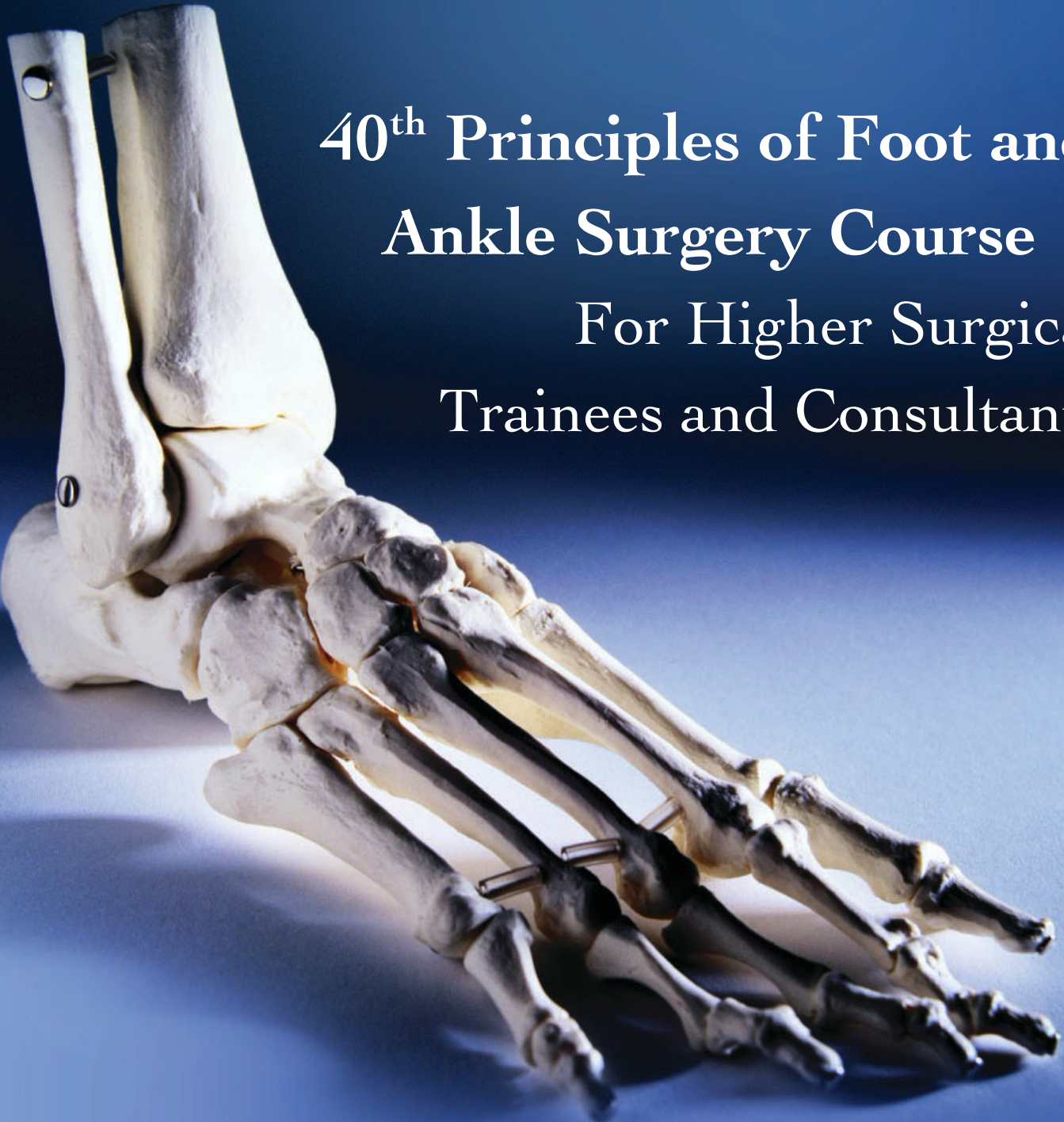




40th Principles of Foot and Ankle Surgery Course For Higher Surgical Trainees and Consultants

BRITISH ORTHOPAEDIC FOOT AND ANKLE SOCIETY



Please scan the QR code to register



27th - 30th June 2023 Bangalore Medical College & Ramaiah Advanced Learning Centre, Bangalore

Teaching safe practice



Setting the right environment for learning

*Informal
Interactive
Individual*

Aims of the course

The BOFAS principles course was started in 2011 as a collaborative project of the Education Committee of the Society. It was designed to teach the core foot and ankle content in the FRCS (Tr & Orth) curriculum in an informal and interactive environment.

We are delighted to have collaborated with the Indian Foot & Ankle Society to deliver the overseas course. There is emphasis on clinical examination cases, discussion groups and opportunity for simulating exam conditions for those close to the exam.

The original format of the course has been maintained with emphasis on clinical examination of cases leading to decision making on treatment and small discussion groups. This will give a unique opportunity to young surgeons to improve care of foot and ankle patients in their practice. The final day of the course will be a hands on cadaver training part with

an aim to provide the attendees a wide exposure to different surgical techniques in foot and ankle problems.

BOFAS runs three courses per year in the UK and plans to reach out to international surgeons for the purpose of training by way of overseas courses and this course is the first one in that direction.

Faculty

The BOFAS course prides itself on the high faculty to delegate ratio with 1 faculty member to just 2 to 3 delegates.

All British faculty are members of BOFAS and have accredited background in surgical training. Many are FRCS (Tr & Orth) examiners and are members of the Education Committee.

All Indian faculty are members of IFAS and have special interest in foot and ankle surgery. They are well recognized for their experience and desire to teach.

The faculty are engaged in developing the course format as well as the content. The aim is to ensure that the quality of the course is improved year on year and the highest standards of education are met. They all love to teach.

Feedback

Responding to feedback is a key principle of the course and both the format and content is adjusted to meet the requirements of the trainees.

"An excellent course with great cases. Would strongly recommend to colleagues. Great faculty!"

"The model for future training!"



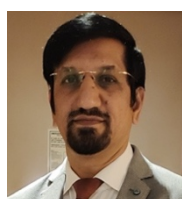
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BOFAS Course Faculty



Vivek Dhukaram (Course Director)

Vivek Dhukaram is a Consultant Orthopaedic foot and ankle surgeon based at University Hospitals Coventry & Warwickshire NHS trust (UHCW). He was trained and accredited as an Orthopaedic Surgeon from South Trent training scheme. He undertook advanced fellowship training from Nottingham and RNOH Stanmore and also awarded British Orthopaedic Foot and Ankle Society and European Foot and Ankle Society travelling fellowships. He has set up the specialist Foot and Ankle service at University hospitals Coventry and Warwickshire and continues to develop it. He regularly teaches in the regional and national course. He is a member of BOFAS education committee and an examiner for UK & International FRCS (Tr & Orth)



Dr Shiv Manik Ajoy (Course Co-Director)

Dr Shiv Manik Ajoy is currently working as an Associate Professor in the Department of Orthopaedics at Ramaiah Medical College and Hospital, with special interest in Foot and Ankle Orthopaedics. He has extensive experience with foot and ankle trauma and deformity corrections and is the past Secretary of the Indian Foot and Ankle Society and Bangalore Orthopaedic Society. He is presently the Associate Editor of the Journal of Foot and Ankle Surgery (Asia-Pacific) and has been a Faculty at many national and international conferences and courses.



Dr Aradhana Rathod

Dr. Aradhana. T.R MBBS, MS(Orthopaedics), MRCS(Glasgow), Fellow in foot & ankle, Fellow in Ilizarov & limb lengthening. Presently working as Assistant professor in Bangalore Medical College & Research Institute, Bangalore. [Interested in teaching postgraduates & undergraduates]. Work experience is mainly in Trauma cases including Foot & Ankle & Ilizarov (Deformity Correction & Limb Lengthening Procedures).



Venu Kavarthapu

Venu Kavarthapu completed his higher surgical training in Trauma and Orthopaedics from south-east Thames rotation before his appointment as a Consultant Orthopaedic Surgeon in King's College Hospital, London in 2006. In addition to providing adult foot and ankle service, he established the functional limb salvage Charcot foot reconstruction service at King's multi-disciplinary diabetic foot unit that is recognised nationally. He lectures nationally and internationally and established the 'Multidisciplinary and Surgical Reconstruction of Charcot Foot' symposium and 'Charcot Foot Reconstruction Cadaver Workshop' in London. He is actively involved in research and published several scientific articles in foot and ankle. His other responsibilities include associate professor, University of Southern Denmark, associate editor Journal of Clinical Orthopaedics and Trauma. He is the immediate past-president International Association of Diabetic Foot Surgeons.



Senthil Kumar

Senthil Kumar is a consultant orthopaedic surgeon at Glasgow Royal Infirmary, he specialises in foot & ankle related problems. His particular expertise is in ligament and tendon reconstruction, total ankle replacements and bunion corrective surgery. He has a number of teaching roles, he holds Honorary Lecturerships with the Universities of Glasgow, Dundee and Glasgow Caledonian teaching Sports Scientists, Physiotherapists, Podiatrists and orthopedic trainee doctors. He is also an examiner for the MRCS and FRCS examinations conducted by the Royal Colleges of Surgeons in the United Kingdom and Ireland.

BOFAS Course Faculty



Sampat Dumbre Patil

Dr. Sampat Dumbre Patil, is the Director, Department of Orthopaedics, Sahyadri hospitals, Hadapsar, Pune.

Practicing Orthopaedic Surgeon in Pune, he has special interest in foot and ankle surgery and traumatology. He has been on the faculty in various Regional and National Orthopaedic Conferences. Dr Sampat is Past president of the IFAS. He is the editor of Foot and Ankle Section JOCR, (Journal of Orthopaedic Case Reports) and Associate editor BMC Musculoskeletal Disorders.



Rajesh Simon

Dr Rajesh Simon is a pioneer Foot and Ankle surgeon from Kochi, Kerala. He is the present President of the IFAS and has contributed immensely to the theme of "Save the Charcot Foot". He has also organised various conferences and CME s, and is AO Faculty and Chairman for AO courses. He has published extensively and is currently on the Editorial Board of the Journal Of Foot and Ankle Surgery (Asia Pacific).



Dr Inderjit Singh

Inderjit Singh is a foot and ankle surgeon working in Haryana. He did his postgraduate training from M.S. Ramaiah hospital, Bangalore. He completed his orthopaedic residency from GMC, Nalhar, Haryana. Currently the honorary secretary of the prestigious Indian Foot & Ankle Society (IFAS). Having keen interest in foot and ankle surgery, he did visiting fellowship from Birmingham University Hospital, Alabama. He is the executive committee member of IFAS and has been actively involved in conducting various conferences and courses throughout the country. He has been invited as faculty for several Foot and ankle conferences including BOFAS, IFASCON and Indo-US foot and ankle conference. He has also actively participated in the Foot innovate webinars. Reviewer for various established journals. On the board for the Journal Foot and Ankle surgery – Asia Pacific.



Krishna Vemulapalli

Krishna graduated from India and completed his Higher Surgical Training from The Royal London Hospital and Percivall Potts Rotation before his appointment as a Consultant Orthopaedics Surgeon at Barking Havering & Redbridge University Hospitals NHS Trust (BHRUT). He specialises in Foot and Ankle surgery and Orthopaedic surgery for Children. He is also Honorary Senior Lecturer at Queen Mary University, London. He is passionate about teaching and was instrumental in getting the Queens Hospital 'Training Hospital of the Year 2014' and 2nd runner-up in 2020 for Orthopaedics. Krishna is a member of the BOFAS Education Committee.



Alex Wee

Alex Wee is an orthopaedic and trauma consultant surgeon. After fellowships in Addenbrookes and Stanmore, he commenced at Frimley Park Hospital in 2006. He has a specialises in foot and ankle surgery with niche interests in diabetic foot infection and Charcot foot reconstruction, neurological foot deformity, complex hindfoot deformity. He also undertakes routine foot and ankle procedures. He is the orthopaedic clinical lead for diabetic foot surgery and part of the diabetic MDT. Alex has presented at AOFAS, BOFAS, and has been an invited speaker nationally and internationally. He has been a faculty member for the Malvern, King's, Essex diabetic foot conferences and the BOFAS principles course.

He has consulted on how to set up and organise the Diabetic foot MDT. He runs a surgical visitation for both UK and international surgeons who wish to observe the MDT service and surgery. Alex is the founder and co chair of the Surrey Ankle Society, a group that meets quarterly to present challenging cases.

He is one of the supervising consultants for the Surrey foot and ankle fellowship and is involved in registrar training and education.

Alex is a published author with book chapters and several papers to his name.

British Orthopaedic Foot and Ankle Society

Principles of Foot and Ankle Surgery

Bangalore Medical College and Research Institute

Day 1 – Tuesday 27th June 2023

08:00-08:45	Registration	
08:45-09:00	Introduction & Welcome	Mr. Vivek Dhukaram
09:00-10:00	Clinical examination of the foot and ankle Interactive Examination of the normal Foot & Ankle	Mr. Krishna Vemulapalli All faculty
10:00-10:30	Rheumatoid Foot	Mr. Senthil Kumar
10:30-11:00	Acute & neglected ankle fractures	Dr. Aradhana Rathod
11:00-11:30	Coffee/Tea	
11:30-12:00	Neuromuscular Foot	Mr. Vivek Dhukaram
12:00-12:30	Pilon Fractures	Dr. Rajesh Simon
12:30-13:00	Talus Fractures	Dr. Sampat Patil
13:00-13:45	Lunch	
13:45-14:15	Acquired Flatfoot (AAFD/PCFD)	Mr. Krishna Vemulapalli
14:30-17:30	Four Clinical examination and discussion workshops	

Faculty:	Room 1	Flatfoot	Simon/Kavarthapu
	Room 2	Rheumatoid	Patil/Vemulapalli
	Room 3	Post Trauma	Rathod/Kumar
	Room 4	Neurological	Singh/Wee
	Room 5	Post Trauma	Ajoy/Dhukaram

	Group A	Group B	Group C	Group D	Group E
14:30-15:00	Flatfoot	Rheumatoid	Post trauma	Neurological	Post trauma
15:00-15:30	Post trauma	Flatfoot	Rheumatoid	Post trauma	Neurological
15:30-16:00	Coffee	Coffee	Coffee	Coffee	Coffee
16:00-16:30	Neurological	Post trauma	Flatfoot	Rheumatoid	Post trauma
16:30-17:00	Post trauma	Neurological	Post trauma	Flatfoot	Rheumatoid
17:00-17:30	Rheumatoid	Post trauma	Neurological	Post trauma	Flatfoot

17:30-18:30 Discussion of difficult cases from the Trainees.

20:00 Course Dinner – Faculty & Delegates Venue TBC

British Orthopaedic Foot and Ankle Society Principles of Foot and Ankle Surgery

Bangalore Medical College and Research Institute

Day 2 – Wednesday 28th June 2023

08:40-09:00	Orthotics	Mr. Alex Wee
09:00-09:30	Achilles rupture acute and chronic/neglected	Dr. Rajesh Simon
09:30-10:00	Diabetic foot and Charcot neuropathy	Mr. Venu Kavarthapu
10:00- 10:30	Foot and ankle infections	Dr Ajoy SM
10:30-11:00	Coffee	
11:00-11:30	Hindfoot/Midfoot OA	Mr. Senthil Kumar
11:30-12:00	Calcaneal fractures and malunion	Dr. Sampat Patil
12:00-12:30	Sports injuries ankle (ligament injuries, OCD, peroneal tendon pathology)	Mr. Alex Wee
12:30-13:00	Lisfranc and midtarsal injuries	Dr. Inderjit Singh
13:00-13:45	Lunch	
14:00-17:00	Four Clinical examination and discussion workshops	

Faculty:	Room 1	Diabetic Foot	Simon/Kavarthapu
	Room 2	Infection	Ajoy/Dhukaram
	Room 3	Post Trauma	Rathod/Kumar
	Room 4	Deformity	Singh/Wee
	Room 5	Post Trauma	Patil/Vemulapalli

	Group A	Group B	Group C	Group D	Group E
14:30-15:00	Diabetic Foot	Infection	Post trauma	Deformity	Post trauma
15:00-15:30	Post trauma	Diabetic Foot	Infection	Post trauma	Deformity
15:30-16:00	Deformity	Post trauma	Diabetic Foot	Infection	Post trauma
16:00-16:30	Coffee	Coffee	Coffee	Coffee	Coffee
16:30-17:00	Post trauma	Deformity	Post trauma	Diabetic Foot	Infection
17:00-17:30	Infection	Post trauma	Deformity	Post trauma	Diabetic Foot

17:00-17:30 Discussion of difficult cases from the Trainees

British Orthopaedic Foot and Ankle Society

Principles of Foot and Ankle Surgery

Ramaiah Advanced Learning Center, Bengaluru

Cadaver Workshop

Day 3 – Thursday 29th June 2023

09:00–09:10	Nerve blocks techniques in foot and ankle demonstration & practice	Mr. V Dhukaram
09:10–09:20	Ankle arthroscopy demonstration & practice arthroscopy portals	Mr. A Wee
09:20–10:30	Lateral approaches Peroneal SPR repair, Lateral ligament recon (Brostrum) Trans fibular approach STJ Fusion Extended lateral – ORIF calcaneum/ calcaneal osteotomy	Dr. S Patil Mr. V Kavarthapu
10:30–11:00	Coffee break	
11:00–12:00	Medial approaches Medial approach FDL transfer, spring, deltoid reconstruction for flat foot Medial approach – Talo-navicular/ Double fusion Tibialis posterior tendon transfer for foot drop / Cavovarus deformity	Mr. S Kumar
12:00–12:45	Posterior Approach Achilles repair FHL transfer for Chronic Achilles rupture Postero-lateral approach – ORIF lateral and posterior malleolus	Dr. R Simon
12:45–13:30	Lunch break	
13:30–14:15	Anterior/ Dorsal approaches Anterior approach ankle and Talo-navicular joint Lisfranc fixation/fusion	Dr. I Singh
14:00–14:45	Forefoot surgery Jones transfer First MTPJ fusion Lesser toe fusion	Mr. K Vemulapalli
14:45–15:00	Coffee break	
15:00–16:00	Fasciotomies Distal Amputations Case discussion	Dr. Ajoy SM
16:00	Closing remarks & Feedback	Mr. V Dhukaram

British Orthopaedic Foot and Ankle Society Principles of Foot and Ankle Surgery

Ramaiah Advanced Learning Center, Bengaluru

Charcot foot reconstruction cadaver workshop

Day 4 – Friday 30th June 2023

1-day cadaveric workshop aimed at foot and ankle consultants and senior surgeons.

08:30-09:00	Registration & Coffee	
09:00-09:05	Introduction and cadaver day plan.	Mr. V Kavarthapu
09:05-09:12	Medial and lateral column approach for midfoot Charcot.	Mr. A Wee
09:12-09:19	Medial column beaming and plating.	Dr. R Simon
09:19-09:26	Lateral column beaming and plating.	Mr. V Kavarthapu
09:26-09:33	Diabetic foot ulcer debridement and local antibiotic elution.	Mr. A Wee
09:33-09:40	Local rotation flap for diabetic foot ulcer.	Mr. V Kavarthapu
09:40-09:45	Cadaver session plan. (Change for Cadaveric session)	Mr. V Kavarthapu
10:00-12:00	Cadaver session Midfoot Charcot reconstruction, ulcer debridement, local rotation flap	
12:00-13:00	Lunch break	
13:00-13:07	Choice of surgical approaches for hindfoot Charcot recon	Mr. K Vemulapalli
13:07-13:14	Trans lateral malleolar & anteromedial ankle approaches.	Mr. S Kumar
13:14-13:21	Hindfoot nail insertion techniques for Charcot recon.	Mr. V Kavarthapu
13:21-13:28	Transmetatarsal amputation and tendon balancing.	Mr. V Dhukaram
13:28-13:33	Cadaver session plan. (Change for Cadaveric session)	Dr. Ajoy SM
13:50-15:20	Cadaver session- Hindfoot Charcot reconstruction, transmetatarsal amputation.	
15:20-16:00	Tea Break	
16:00-16:07	Midfoot Charcot reconstruction case examples.	Dr. R Simon
16:07-16:14	Hindfoot Charcot reconstruction case examples.	Dr. Ajoy SM
16:14-16:21	Charcot deformity case examples from delegates.	Mr. V Dhukaram
16:21-16:30	Closure and take-home message.	Mr. V Kavarthapu





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British Orthopaedic Foot and Ankle Society Principles of Foot and Ankle Surgery Course

27th 28th 29th 30th June 2023

Course Feedback

Please take the time to fill in the course feedback as this will allow us to improve the programme for future participants.

The link will be open until 5th July after which it will be closed. If the feedback is not completed no certificate will be available.

Once feedback has been submitted a certificate will be emailed. Please download and save this as duplicates are not available.